# Feeling anxious?

The Warwickshire Mental Wellbeing Line is here to support you: Monday - Friday, 9am - 5pm.

Available for Warwickshire residents, our friendly and compassionate team will provide connection, advice, information and signposting to others services.

**wellbeingforwarwickshire.org.uk**

**0800 616171**



**Wellbeing for Warwickshire**

An open door to supporting your mental health